

SAMPLE SENIOR LUNCH MENU - 1

Week 1								
Days	Soup	Salads	Rice Dish	Potato Dish	Veg	Non Veg	Bread Basket	Dessert
Sunday	Tomato Soup	Green Salad with Dressing	Lemon Rice	Potato Wedges	Stir fried Veg	Fish with spring onion	Selection of Asst.Breads	Fruit Salad
Monday	Vegetable Soup	Cesar Salad + Mix Salad	Egg fried Rice	Mashed Potato	Veg.Augratin	Roasted Chicken	Selection of Asst.Breads	Pudding
Tuesday	Sweet Corn Soup	Fattouch + Yoghurt	Steam Rice	Herbs grilled potato	Boiled Veg with Herbs	Battered Fried Fish	Selection of Asst.Breads	Kheer
Wednesday	Lentil Soup	Cauliflower Salad + Mix Salad	Kashmiri Pulao	Alfredo Potato	Veg.Jalfrezi	Beef with Pepper Sauce	Selection of Asst.Breads	Cut Fruits
Thursday	Chicken & Pea soup	Hammous+Mix Salad	Tomato Rice	Croquette Potato	Veg. Manchurian	Fried Chicken	Selection of Asst.Breads	Fruit Custard

Week 2								
Days	Soup	Salads	Rice Dish	Potato Dish	Veg	Non Veg	Bread Basket	Dessert
Sunday	Hot & Sour Soup	Raitha + Mix Salad	Veg Biryani	French Fries	Pakchoi in Garlic	Chicken sweet & sour	Selection of Asst.Breads	Pudding
Monday	Minestrone soup	Pasta Salad + Mix Salad	Kabsa	Baked Potato	Saute Vegetable	Fish w/lemon butter sauce	Selection of Asst.Breads	Cream Caramel
Tuesday	Tomato Soup	Coleslaw + Mix Salad	Garlic Fried Rice	Rosemary Potato	Mix Veg with Herbs	Kofta Kebab	Selection of Asst.Breads	Fruit Salad
Wednesday	Vegetable Soup	Tabouleh + Mix Salad	Steam Rice	Chateau Potato	Bean in Hoisin Sauce	Fish Molee	Selection of Asst.Breads	Kheer
Thursday	Noodles Soup	Chana Chat+Mix Salad	Veg. Fried Rice	Potato Au gratin	Garlic Stuffed Eggplant	Grilled Chicken	Selection of Asst.Breads	Cut Fruits